



Dermatology Specialists of Alabama, Florida, Georgia & Mississippi

Southeastern Dermatology Group, P.A. | Dermatology Specialists of Georgia, LLC

♦Aqua Medical Spa ♦30A Plastic Surgery ♦The Hair Transplant & Restoration Center ♦877.231.3376

INSTRUCTIONS FOR CARE OF YOUR SURGICAL SITE

****Please follow these instructions carefully as they are important to the proper healing of your surgical site.****

Our clinical staff has placed a pressure dressing over your incision today. Please keep this dressing in place for **24** hours. **DO NOT GET THE INCISION WET FOR 24 HOURS**

1. After **24** hours remove the dressing and you may take a quick shower. At this point, it is okay to use your regular soap and shampoo. Wash the incision site carefully, being careful not to pull on the sutures.
2. Dry the area with a clean towel by patting, not rubbing the incision.
3. Cleanse the surgical site with a mixture of 1 part white vinegar and 4 parts bottled water (you can purchase white vinegar from any grocery store).
4. With a Q-tip, apply a generous amount of antibiotic ointment to the incision. Make sure all the sutures are well coated with ointment. **ONLY USE POLYSPORIN OR BACITRACIN OINTMENT.** Do not use Neosporin or Triple Antibiotic ointment as both of these products contain an ingredient called Neomycin. Some people may develop an allergic reaction to neomycin.
5. After placing Polysporin on the surgical site, cover with a Telfa pad, one 4x4 gauze and cover with paper tape.
6. Clean the surgery site and change the bandage twice daily.
7. **It will be necessary for you to return to the office within 7-14 days for the sutures to be removed.**

It is very important that you keep the incision coated with ointment and covered 24 hours per day every day. The only time it should be uncovered is during a bath or shower.

If you have an emergency please call:

877-231-3376 during regular business hours OR

_____ after regular business hours.