

**Cryosurgery**

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Cryosurgery is the treatment of lesions with the application of a cold substance. In most cases, liquid nitrogen is used to destroy the lesion(s). This type of treatment is considered a minor surgical service.

**Instructions for Care (twice daily until healed)**

After treatment with liquid nitrogen there may be some burning sensation or pain that can last up to 24 hours. The discomfort can be relieved with extra strength Tylenol or similar pain relief medication.

Within 24 to 48 hours a blister may form. The blister will dry up.

1. ☐ Wash your hands with soap and water.
2. Clean the blister sites with:
  - ☐ Soap and water, Rinse, then pat dry
  - ☐ Peroxide and water (half and half)
3. ☐ Apply antibiotic ointment.
4. A band-aid may be applied loosely over blister until it is dry.
5. Call office if signs of infection occur.  
(redness, swelling, heat, increased pain, yellow discharge)
6. Return
  - ☐ Immediately if signs in #5 (above) occur.
  - ☐ \_\_\_\_\_ Days
  - ☐ \_\_\_\_\_ Week(s)

Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_